

### TRIGGER FINGER RELEASE DISCHARGE INSTRUCTIONS

- Procedure is done under local anesthesia.
- You may remove the outer dressing after 2-3 days.
- You may get the stitches wet in the shower. DO NOT soak in bathtub, hot tub, or dishwasher.
- DO NOT apply Neosporin, cream, or ointments to the stitches.
- You may clean with peroxide.

It is normal to feel some pain and swelling after the operation, but call our office if you experience:

- Fever above 101 F
- If area becomes extremely red or you have drainage

Please call our office if you have any questions: **(912) 644-5331** or **(800) 827-6536**